ACADEMIC (1-BOARD OF STUDIES) SECTION

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नारायण तीरथ मराठवाड़ा विद्यापीठ, नांदेड
“नारायणिया” परिसर, विश्वेंत्र, नांदेड - 431605 (महाराष्ट्र)
SWAMI RAMANAND TEERTH MARATHWADA UNIVERSITY NANDED
“Dnyanearth”, Vishnupuri, NANDED 431606 Maharashtra State (INDIA)
Established on 17th September 1994 – Recognized by the UGC U/1 (f) and 12(B), NAAC Re-accredited with ‘A’ Grade

परियोजना
या परियोजनेच्या सर्व संबंधितांची कडकावण्याची वेळेची की, दिनांक 30 एप्रिल 2019 रोजी संपन्न झालेल्या ३३व्या वा. विद्यार्थी परिसर बैठकातील ऐवंदेवचा विषय क्र.७/४३-२०१९ ध्वनि उद्घाटनाचा प्रस्तुत विद्यापीठात अंतर-विद्यार्थीय अभ्यास विद्यार्थीतील पदवी व पद्धती रूपांतर स्तरावरील खालील विषयांमध्ये C.B.C.S. (Choice Based Credit System) Pattern नुसारचे अभ्यासक्रम शैक्षिक वर्ष २०१९-२० पासून लागू करण्यात येत आहेत.

1) B.A.-I Year Physical Education
2) M.P.Ed.-I Year
3) B.Ed.-I & II Year
4) M.Ed.- I Year
5) B.A.-I Year-Music)
6) B.A.-I Year-Journalism & Mass Communication) (Optional I, II, III)
7) M.A.-I Year-Journalism & Mass Communication) (MA MCJ, I & II)
8) M.A./M.Sc.-I Year-Electronic Media
9) B.A.- I Year-Computer Animation and Web Designing
10) Master in Computer Animation, Vfx & Web
11) B.A.-I Year-Library and Information Science
12) B.A.-I Year-Home Science
13) B.A.-I Year-Fashion Design
14) M.A.-I Year- Fashion Design
15) B.S.W.-III Year

संपत्र रिपोर्ट एवं अभ्यासक्रम प्रस्तुत विद्यापीठात्या www.srtmun.ac.in या संपत्रस्थाप्यावर उपलब्ध आहेत. तरी संपत्र बाब या सर्व संबंधितांची निदर्शनासाठी आणुप शास्त्री.

शास्त्रीय परिसर,
विष्णुपुरी, नांदेड - ४३१ ६०६.
अ.क्र.: शैक्षिक-०९/परियोजन/पदवी व पद्धत-सिवीसैलस अभ्यासक्रम/२०१८-२०/३८६९
दिनांक: २३.०५.२०१९.

प्रति महिला व मुलील कार्यक्षेत्रात:
1) मा. कृःसविध योग्याची कार्यशक्त, प्रस्तुत विद्यापीठ.
2) मा. संगणक, परिशिष्ट व मुद्रामापण, मंडळ, प्रस्तुत विद्यापीठ.
3) प्रायः, सर्व संबंधित संलग्न महाविद्यालयांना, प्रस्तुत विद्यापीठ.
4) उपकृतीस्वामित्व, पद्धती विभाग, प्रस्तुत विद्यापीठ.
5) साहित्यकृति, कृतिशोध, वाचन, विभाग, प्रस्तुत विद्यापीठ.
6) सिस्टम एवर्डेट, शैक्षिक विभाग, प्रस्तुत विद्यापीठ.
B.A. (Home Science)
Structure – B.A. I year
First Year (CBCS Pattern)
(SEMESTER I - II)

[Syllabus effective from 2019-20 onwards]
<table>
<thead>
<tr>
<th>Semester</th>
<th>Core Course</th>
<th>Paper No.</th>
<th>Name of Paper</th>
<th>Lect / Week</th>
<th>Total No. of Lectures</th>
<th>CA</th>
<th>ESE</th>
<th>Total Marks</th>
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<tr>
<td>Semester I</td>
<td>CCHS I</td>
<td>I</td>
<td>Human Development (Introduction to Human Development)</td>
<td>4</td>
<td>55</td>
<td>Marks 10 Soft toy</td>
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<td>II</td>
<td>Foods and Nutrition (Introduction to Foods and Nutrition)</td>
<td>4</td>
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<td>Basics of Textiles - I</td>
<td>4</td>
<td>55</td>
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<td>Semester II</td>
<td>CCHS I</td>
<td>IV</td>
<td>Textile (Textiles and Clothing)</td>
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<td>Marks 10 (Batik sample - 1)</td>
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<td>CCHS II</td>
<td>V</td>
<td>Home Management (Introduction to Home Mgt.)</td>
<td>4</td>
<td>55</td>
<td>Marks 10 (Warli painting frame using cloth/glass)</td>
<td>40</td>
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<td>CCHS PR - II</td>
<td>VI</td>
<td>Basics of Textiles - II</td>
<td>4</td>
<td>55</td>
<td>Marks 10 (Cloth Bonnet)</td>
<td>40</td>
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<td>165</td>
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<td>120</td>
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CCHS – Core Course Home Science
B.A. I Year

Semester I

Human Development

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<thead>
<tr>
<th>CCHS - I</th>
<th>Theory</th>
<th>Paper – I</th>
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Learning Objective:
1. The objective of the course is to sensitize students regarding human development.
2. To make students aware of the development of various age groups.

Utility:
1. To understand the problems of various age groups.
2. To create harmonious relationships among all people.

Pre-requisites:
Interest in understanding human beings at physical, emotional, mental, social, psychological levels.

Unit I: Human Development
a. Concept
b. Principles of Development
c. Growth and Development
1. Factors affecting growth and Development
   i. Heredity and Environment
   ii. Maturation and Learning
   iii. Rest and Exercise
   iv. Nutritious food

Unit II: Prenatal Development
   a. Reproductive System
      1. Male
      2. Female
   b. Menstrual cycle
   c. Pregnancy and process of Birth
      1. Stages of Pregnancy
      2. Signs and symptoms
      3. Care during pregnancy
      4. Emergencies
      5. Stages of process of birth

Unit III: Infancy (Birth to two weeks approximately)
   a. Sub-divisions
   b. Characteristics
   c. Adjustments and Hazards

Unit IV: Babyhood (two weeks to two years of life)
   a. Characteristics
   b. Physical Development
   c. Emotional Development
   d. Social Development
   e. Play
   f. Happiness and Hazards

Unit V: Childhood
   a. Subdivision
   b. Developmental tasks
   c. Characteristics
   d. Physical Development
   e. Emotional Development
Learning Objective:
1. The objective of the course is to make students aware of the role of various important nutrients in the daily diet.
2. To learn to make changes in our diet as per individual’s need.

Utility:
1. To maintain health of family as well as community.
2. To avoid deficiency diseases.

Pre-requisites:
Student should be curious to know about diet, nutrients, deficiencies, etc.

Unit I: Nutrition and Health
a. Introduction to foods & Nutrition
b. Importance of Nutrition
c. Functions of food

Unit II: Carbohydrates
a. Composition
b. Classification
c. Functions
d. Daily allowances, sources
e. Deficiencies

Unit III: Proteins
a. Composition
b. Classification
c. Amino acids – Types
d. Functions of Protein
e. Daily allowances, sources
f. Deficiencies

Unit IV: Fats
a. Composition
b. Classification
c. Fatty acids – Types
d. Sources
e. Deficiencies

Unit V: Vitamins
a. Classification
b. Fat soluble vitamins - A, D, E, K.
   Functions, sources, Deficiencies
c. Water soluble - B-Complex, vitamin C

Unit VI: Minerals
a. Importance
b. Calcium, Iodine, Iron
c. Functions & sources
d. Deficiencies

Unit VII: Water
a. Importance
b. Role
B.A. I Year

Semester I

Basic of textiles - I

<table>
<thead>
<tr>
<th>CCHS PR - I</th>
<th>Practical</th>
<th>Paper – III</th>
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<td>E.S.E.</td>
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<td>C.A.</td>
<td>10 Marks</td>
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<td><strong>Total</strong></td>
<td><strong>50 Marks</strong></td>
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**Learning Objective:**
1. To boost the creativity of the student.
2. To give the practical knowledge of various stitches, knitting, etc.

**Utility:**
1. By using the practical knowledge of textiles, students can be economically independent.

**Pre-requisites:**
1. Student should have interest in performing various practicals.
2. Student should have interest in traditional as well as modern arts.

Unit I: Embroidery Samples (Size 5”x5”)

a. Stem
b. Chain
c. Satin
d. Herring bone
e. Traditional Embroidery:
   i. Kashida
   ii. Chickenkari
   iii. Mirror work
f. Modern Embroidery:
   i. Jardoji
   ii. Bead/Tikli

Unit II: Knitting- Sample 5”x5”
Unit III: Crochet- Sample 5”x5”
Unit IV: Tie & Dye- 5”x5” Any 05 Samples
Learning Objective:
1. The objective of the course is to impart knowledge of textile – from fibre to fabric.
2. Student can learn about traditional clothes as well as embroidery.

Utility:
1. Students get expertise in the basics of tailoring as well as cloth printing.

Pre-requisites:
Student should have basic knowledge of textile and should have urge in gaining knowledge to become self sufficient.

Unit I: Introduction to textile
   a. History
   b. Classification
   c. Properties
Unit II: Basics & Tailoring
   a. Seams – Types
   b. Pleats – Types
   c. Yokes – Types
Unit III: Traditional Textiles of India
Unit IV: Traditional embroidery of India
Unit V: Textile Printing
   a. Block
   b. Screen
   c. Stencil
   d. Roller
   e. Tie and dye
   f. Batik
B.A. I Year
Semester II
Home Management
(Introduction to Home Management)

<table>
<thead>
<tr>
<th>CCHS - II</th>
<th>Theory</th>
<th>Paper – V</th>
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<td>C.A.</td>
<td>10 Marks</td>
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<tr>
<td>Total</td>
<td>50 Marks</td>
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**Learning Objective:**
1. The objective of the course is to provide in-depth knowledge of home management.
2. The course will prove beneficial in gaining basic knowledge needed for home decoration.

**Utility:**
1. The course will be helpful to the students in managing their homes in the future.
2. Students can use the knowledge in home decoration.

**Pre-requisites:**
Student should have interest in home management and interior decoration.
Unit I: Introduction to Home Management
   a. Definition
   b. Importance

Unit II: Elements of Art
   a. Line
   b. Form
   c. Colour
   d. Texture
   e. Space
   f. Light
   g. Pattern
   h. Idea

Unit III: Principles of Art
   a. Harmony
   b. Proportion
   c. Balance
   d. Rhythm
   e. Emphasis

Unit IV: Colour
   a. Properties
   b. Classification of colour
   c. Colour wheel
   d. Colour Schemes

Unit V: Flower Arrangement
   a. Definition
   b. Importance
   c. Material required
   d. Types of flower arrangement
      i. Traditional
      ii. Modern
Unit VI: Rugs and Carpets
   a. Introduction
   b. Factors affecting selection of rugs and carpets
   c. Types of rugs and carpets
   d. Care of carpets

B.A. I Year
Semester II
Basics of Textiles - II

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<tr>
<th>CCHS PR - II</th>
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Learning Objective:
1. The objective of the course is to make student expert in tailoring.
2. To impart practical knowledge of stitching garments.

Utility:
1. Students can start their own boutique.

Pre-requisites:
Theoretical and practical knowledge of textiles and tailoring.

Unit I: Bib

Unit II: Diaper

Unit III: Baby frock
Unit IV: Frock for child of 6-8 yrs

Unit V: Punjabi Dress