पारिपत्रक

या परिपत्रकाचे सर्व संबंधितांना कठोऱ्यावत येते की, दिनांक ३ म. २०१७ रोजी संपूर्ण झालेत्या ३८व्या मा. विद्या परिषद पैदावतील विषय क्र.२४४३/२४२५—२०१७ व्या ठरावानुसार प्रस्तुत विद्यापोषण या संलग्न महाविद्यालयातील मानविवाहन विद्यापोषण येथे स्त्रावीरीय हिंदी व्यक्तीचे खालील विषयातील C.B.C.S. (Choice Based Credit System) Pattern गृहसारे अभ्यासक्रम शैक्षणिक वर्ष २०१७-१८ पासून लागू करण्यावर आहेत.

१) वी.ए. / वी.कॉम. / वी.एस्सी—इंजीनियर (अभियांत्रिक, हिंदी भाषा अंतरित, एक्च्यूक) - हिंदी वर्ष
२) वी.ए. / हिंदी (एक्च्यूक) - हिंदी वर्ष
३) वी.ए. / वी.कॉम. / वी.एस्सी—कन्नड (हिंदी भाषा, एक्च्यूक) - हिंदी वर्ष
४) वी.ए. / वी.कॉम. / वी.एस्सी—योगक (हिंदी भाषा, एक्च्यूक) - हिंदी वर्ष
५) वी.ए. / वी.कॉम. / वी.एस्सी—पारी (हिंदी भाषा, एक्च्यूक) - हिंदी वर्ष
६) वी.ए. / वी.कॉम. / वी.एस्सी—संस्कृत (हिंदी भाषा, एक्च्यूक) - हिंदी वर्ष
७) वी.ए. / वी.कॉम. / वी.एस्सी / वी.एस.डब्ल्यू - उर्दू (हिंदी भाषा, एक्च्यूक) - हिंदी वर्ष
८) वी.ए. / हिंदी हिंदी वर्ष
९) वी.ए. / हिंदी वर्ष
१०) वी.ए. / भूतीय वर्ष
११) वी.ए. / इतिहास- हिंदी वर्ष
१२) वी.ए. / मानव हक्क- हिंदी वर्ष
१३) वी.ए. / ग्रंथाध्याय व माहितीसंशोधन - हिंदी वर्ष
१४) वी.ए. / जनसाधन व प्रकाशनीय - हिंदी वर्ष
१५) वी.ए. / साहित्यकार्य - हिंदी वर्ष
१६) वी.ए. / तत्त्वज्ञान- हिंदी वर्ष
१७) वी.ए. / राज्यशासन- हिंदी वर्ष
१८) वी.ए. / मानसशासन- हिंदी वर्ष
१९) वी.ए. / लोकशासन- हिंदी वर्ष
२०) वी.ए. / सामाजिकशासन- हिंदी वर्ष

सदर शाखापत्रक अथवा अभ्यासक्रम प्रस्तुत विद्यापीठाच्या www.srtmun.ac.in या संकेतस्थावर उपलब्ध आहेत. तरी सदर शाखा बाकी ही सर्व संबंधितांच्या निर्देशनासwód आणणून दाखवी.

'जानलेख' परिषद,
विषयपत्र, नंबर - ४३१ ६.०६.
ज.क्र.: शैक्षणिक /०९ / परिषद / पदवी / वर्षरोजीमोएस अभ्यासक्रम / २०१६-१७/८४
दिनांक : ०५.०६.२०१७.
प्रत माहिती व पुरवठा कार्यालाहलिवः
१) वी. कॊल्मिशिव यथाक्रमण, प्रगत विद्यापीठ,
२) मास्टर्स, पोषक व मुख्यायाने मंडळ यथाक्रमण, प्रगत विद्यापीठ.
३) प्रायोग, सर्व संविधान संलग्न महाविद्यालय, प्रगत विद्यापीठ.
४) उपकल्पपुन, पोषक विभाग, प्रगत विद्यापीठ.
५) साहित्यकला कल्पित, प्रगत विभाग, प्रगत विद्यापीठ.
६) सिस्टम एक्सपर्ट, वृ.जी.सी. काल, प्रगत विद्यापीठ.

या विवेचनाप्रमाणे उपकल्पपुनशिवाय शैक्षणिक (१-अभ्यासक्रम) विभाग
SYLLABUS

PSYCHOLOGY

B.A. SECOND YEAR

SEMESTER PATTERN
(Choice Based Credit System)

With effect from June, 2017-2018
Swami Ramanand Teerth Marathwada University, Nanded.  
Choice Based Credit System (CBCS)  
Faculty of Social Sciences  
Under Graduate Programmes (UG)  
PSYCHOLOGY  
Curriculum Structure and Scheme of Evaluation for B.A. Second Year  
With effective from 2017-18

<table>
<thead>
<tr>
<th>Semester</th>
<th>Core Course</th>
<th>Paper No.</th>
<th>Title of the Paper (Periods/Week)</th>
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CCPSY: Core Course of Psychology, CCPSYP: Core Course of Psychology Practical,  
ESE: End of semester examination, CA: Continuous Assessment,  
SEC: Skill Enhancement Course

Teaching work load will be of three periods for theory and four periods for practical per week per batch.  
1) Strength of students for each practical batch shall not be more than twenty (20)  
2) Submission of Record Book is compulsory.  
3) Students shall not be allowed for practical examination without certified Record Book.  
4) Total periods for each theory paper shall be (45+45) 90 per semester.  
5) Total periods for practical paper shall be 120 per year per batch.  
6) Practical examination will be held in second semester.
Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
Faculty of Social Sciences
Under Graduate Programmes (UG)
Syllabus for B. A. Second Year
CORE COURSE PSYCHOLOGY (CCPSY)

SEMESTER-III

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<th>Title of the Paper</th>
<th>Internal Marks (CA)</th>
<th>End Semester Exam. (ESE)</th>
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<td>VII</td>
<td>Psychological Testing &amp; Statistics Part-I</td>
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<td>Applied Psychology Part-I</td>
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*INTERNAL ASSESSMENT FOR (10) MARKS :- Home Assignment*

**INTERNAL ASSESSMENT FOR SEC-I:- Any two Psychological Tests for 25 Marks**

--------------------------------------------------------------------------------------------------------

SEMESTER-IV

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<td>Psychological Testing &amp; Statistics Part-2</td>
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<td>IX</td>
<td>Psychology Practicum’s: Experiments &amp; Test</td>
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*INTERNAL ASSESSMENT FOR (10) MARKS :- Home Assignment*

**INTERNAL ASSESSMENT FOR SEC-II:- Any two Psychological Tests for 25 Marks**
Objectives:
1. To enable student to make the connection between psychology and its practical application to everyday life.
2. To train student how psychological principles can help them to face life’s challenges.
3. To enable students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem.

Unit – I – INTERPERSONAL COMMUNICATION
i) The Process of Interpersonal Communication
ii) Nonverbal Communication
iii) Communication Problems
iv) Interpersonal Conflict

Unit –II – FRIENDSHIP AND LOVE
i) Perspectives on Close Relationships
ii) Initial Attraction And Relationship Development
iii) Friendship
iv) Romantic Love

Unit – III – MARRIAGE AND INTIMATE RELATIONSHIP
i) Challenges To The Traditional Model Of Marriage
ii) Moving Toward Marriage
iii) Marital Adjustment Across The Family Life Cycle
iv) Vulnerable Areas In Marital Adjustment
v) Divorce

Unit – IV – CAREERS AND WORK
i) Choosing A Career
ii) Models Of Career Choice And Development
iii) The Changing World Of Work
iv) Coping With Occupational Hazards
Books for Readings:-


Objectives:
1. To train students in various psychological assessment techniques.
2. To acquaint the student and make them understand the different statistical methods with their uses and interpretations.
3. To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation etc.

UNIT-I– USES AND IMPLICATIONS OF PSYCHOLOGICAL TESTING
   i) Functions of psychological Tests
   ii) Nature of a psychological Test
   iii) Controlling the use of Tests
   iv) Test administration
   v) Examiner and situational variables
   vi) Effect of training on Test performance
   vii) Social and ethical implication of Testing
   viii) Test Anxiety and Rapport
   ix) Types of psychological Tests

UNIT-II– ITEM ANALYSIS
   i) Item difficulty
   ii) Item discrimination
   iii) Indices of item discrimination
   iv) Item response theory
   v) Item analysis of speeded tests
   vi) Cross validation
   vii) Item-by-group interaction

UNIT –III– FREQUENCY DISTRIBUTIONS
   i) Measurement in general
   ii) Need for grouping
   iii) Preparation of a frequency table
   iv) Graphic representations of the frequency distribution
       (a) Histogram
       (b) Frequency Polygon
   v) Smoothing a polygon
UNIT –IV– MEASURES OF CENTRAL TENDENCY

i) Mean

ii) Computation of the mean
   (a) The long method and
   (b) The short or assumed mean method

iii) Median and its computation

iv) Mode

v) Uses of various measures of central tendency

Books for Readings:

4. Dandekar, W.N. & Rajguru, M.S. An Introduction to Psychological testing & statistics, Seth Publication
Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
Faculty of Social Sciences
Under Graduate Programmes (UG)
Syllabus for B. A. S.Y. Third Semester
SKILL ENHANCEMENT COURSE
Paper: – Applied Psychology Part-I
With effective from 2017-18.

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**Objectives:**
1. To train student how psychological principles can help them to face life’s challenges.
2. To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem.
3. To enable student to make the connection between psychology and its practical application to everyday life.

<table>
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<th>Periods</th>
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**Chapter – I - DEVELOPING AN ASSERTIVE COMMUNICATION**
(a) The nature of assertiveness
(b) Steps in assertiveness training
(c) Application :- Measurement of Assertiveness

**Chapter –II – OVERCOMING LONELINESS**
(a) The nature of loneliness
(b) Prevalence of loneliness
(c) The roots of loneliness
(d) Correlates of loneliness
(e) Application :- Measurement of Loneliness

**Chapter – III – UNDERSTANDING INTIMATE VIOLENCE**
(a) Partner abuse
(b) Child abuse
(c) Application :- Measurement of Aggression

**Chapter t – IV – GETTING AHEAD IN THE JOB GAME**
(a) Putting together a resume
(b) Finding companies you want to work for
(c) Landing an interview
(d) Polishing your interview technique
(e) Application :- Measurement of Job Satisfaction

**INTERNAL ASSESSMENT :- Any two Psychological Tests for 25 Marks**
Books for Readings:-
Objectives:

1. To enable student to make the connection between psychology and its practical application to everyday life.
2. To train student how psychological principles can help them to face life’s challenges.
3. To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem.

Unit – I – THE SELF
i) Self-Concept
ii) Self-Esteem
iii) Basic Principles Of Self-Perception
iv) Self-Regulation

Unit – II – STRESS AND IT’S EFFECTS
i) The Nature Of Stress
ii) Major Types Of Stress
iii) Responding To Stress
iv) The Potential Effects Of Stress
v) Factors Influencing Stress Tolerance

Unit – III– COPING PROCESSES
i) Common Coping Patterns Of Limited Value
ii) The Nature Of Constructive Coping
iii) Appraisal-Focused Constructive Coping
iv) Problem-Focused Constructive Coping
v) Emotion-Focused Constructive Coping

Unit – IV – PSYCHOLOGY AND PHYSICAL HEALTH
i) Stress, Personality And Illness
ii) Habits, Lifestyles And Health
iii) Reactions To Illness
Books for Readings:-


Objectives:
1. To train students in various psychological assessment techniques.
2. To acquaint the student and make them understand the different statistical methods with their uses and interpretations.
3. To impart skills necessary for selecting and applying different tests for different purpose such as evaluation, training, rehabilitation etc.

UNIT- I- RELIABILITY OF PSYCHOLOGICAL TEST
i) Definition
ii) The correlation coefficient
iii) Types of reliability:
   iv) Test-retest reliability
      (a) Parallel form reliability
      (b) Split-half reliability
      (c) Inter-item consistency
   v) Scorer reliability
   vi) Reliability of speeded tests
   vii) Factors affecting reliability coefficients
   viii) Standard error of measurement
   ix) Reliability of criterion-referenced tests

UNIT -II- VALIDITY OF PSYCHOLOGICAL TESTS
i) Meaning of validity
ii) Types of validity
   (a) Content validation
   (b) Criterion-related validation
   (c) Construct validation
iii) Comparison of validation procedures
iv) Validity

UNIT -III - MEASURES OF VARIABILITY
i) Range
ii) Quartile deviation
iii) Average deviation
iv) Standard deviation
v) Uses of the various measures of variability
UNIT-IV- MEASURES OF ASSOCIATION
 i) Meaning and types of coefficient of correlation.
 ii) Rank Difference Correlation.
 iii) Product Moment Correlation (Ungrouped)

Books for Readings:-

4. Dandekar, W.N. & Rajguru, M.S. An Introduction to Psychological testing & statistics, Seth Publication
Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
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Syllabus for B. A. S.Y. Forth Semester

CORE COURSE PSYCHOLOGY (CCPSY)-III
Section – A
Paper: – Applied Psychology Part-II
With effective from 2017-18.

-------------------------------------------------------------------------------------------------
Credit : 02       Periods-45           (Marks – 50)
-------------------------------------------------------------------------------------------------

Objectives:
1. To train student how psychological principles can help them to face life’s challenges.
2. To enables students to relate what they are learning in class to issues that they encounter in their everyday life, such as stress, health, work, personal relationships, communication and self-esteem.
3. To enable student to make the connection between psychology and its practical application to everyday life.

-------------------------------------------------------------------------------------------------

CHAPTER – I – BUILDING SELF-ESTEEM     13
(a) Recognize that you Control yours Self-image
(b) Don’t Let Others Set Your Goals
(c) Recognize Unrealistic Goals
(d) Modify Negative Self-Talk
(e) Emphasize Your Strengths
(f) Application :- Measurement of Self-Esteem

CHAPTER – II – MONITORING YOUR STRESS    10
(a) Problems with the SRRS
(b) The life experiences survey
(c) A Cautionary Note
(d) Application :- Measurement of Stress

CHAPTER – III– ACHIEVING SELF-CONTROL    10
(a) Specifying your target behaviour
(b) Gathering baseline data
(c) Designing your program
(d) Executing and evaluation your program
(e) Ending your program
(f) Application :- Measurement of Self-Concept

CHAPTER – IV – UNDERSTANDING THE EFFECTS OF DRUGS   12
(a) Drug-related concepts
(b) Narcotics
(c) Stimulants
(d) Hallucinogens
(e) Application:- Measurement of Anxiety

INTERNAL ASSESSMENT :- Any two Psychological Tests for 25 Marks
Books for Readings:-

Objectives:
1. To create interest in psychological phenomenon.
2. To develop awareness of psychological tools, techniques and tests.
3. To nurture the skill of observation.

Section-A
Tests Any – 12

A) Intelligence / Aptitude (Any Two)
   i) Performance Test of intelligence
   ii) Verbal Test of Intelligence
   iii) General Mental Alertness Test
   iv) Cognitive Style Inventory
   v) Teaching Aptitude Test
   vi) Science Aptitude Test

B) Interest / Study Habit (Any Two)
   i) Multiphasic Interest Inventory
   ii) Interest test
   iii) Vocational Interest record
   iv) Study Habit Inventory
   v) Test study habits and Attitudes

C) Attitude (Any Two)
   i) Optimistic Pessimistic Scale
   ii) Secular Attitude Scale
   iii) Religiosity Scale
   iv) Attitude scale towards education
   v) A new test of values

D) Personality Test (Any Two)
   i) Multi Variable Personality Inventory
   ii) Personality Inventory
   iii) KNPI
   iv) Dimensional Personality Inventory
   v) Differential Personality Inventory
E) Adjustment / Interest (Any Two)
   i) Adjustment Inventory for School Students
   ii) Revised Adjustment Inventory
   iii) Vocational Interest Record
   iv) Educational Interest Record
   v) Vocational Preference Record
   vi) Old age adjustment
   vii) Social Adjustment
   viii) Adjustment Inventory for college students
   ix) Youth problem Inventory

F) Self Related Test (Any Two)
   i) Self acceptance Scale
   ii) Ego Strength scale
   iii) Self Perception scale
   iv) Satwa Bodh Parikshan
   v) Self Confidence Inventory
   vi) Self Disclosure Inventory
   vii) Self actualisation Inventory
   viii) Self concept questioner

Section-B

A Seminar & Group Discussion on any related topic on prescribed syllabus

Distribution of Marks

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Books for Readings:-


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