या परिपक्वक्रम में सर्व संबंधित विषयों को चयन करते हुए, दिनांक 30 एप्रिल 2019 को संपन्न अध्याय या मार्गदर्शन में सार्वजनिक अनुशंसा की गई।

संबंधित विषयों का चयन अनुशंसा के अनुसार प्रत्येक साल दो बार होता है। क्रमांक वर्ष 2019-20 में प्रदर्शित किए गए हैं।

1) वी.ए.--प्रथम वर्ष--छात्र (अनिवार्य, अतिरिक्त (द्वितीय भाषा), प्रथम समय इंग्लिश, अंतर्विषय)
2) वी.ए.--प्रथम वर्ष--हिंदी (द्वितीय भाषा, अंतर्विषय)
3) वी.ए.--प्रथम वर्ष--माध्यम (द्वितीय भाषा, अंतर्विषय)
4) वी.ए.--प्रथम वर्ष--पाली (द्वितीय भाषा, अंतर्विषय)
5) वी.ए.--प्रथम वर्ष--संस्कृत (द्वितीय भाषा, अंतर्विषय)
6) वी.ए.--प्रथम वर्ष--रूढ़ि (द्वितीय भाषा, अंतर्विषय)
7) वी.ए.--प्रथम वर्ष--अंग्रेजी राष्ट्रीय संस्कृति
8) वी.ए.--प्रथम वर्ष--प्रानवल
9) वी.ए.--प्रथम वर्ष--विज्ञान
10) वी.ए.--प्रथम वर्ष--साइनिकशास्त्र
11) वी.ए.--प्रथम वर्ष--लघुज्ञान
12) वी.ए.--प्रथम वर्ष--राजसूयावशेष
13) वी.ए.--प्रथम वर्ष--वाणिज्यशास्त्र
14) वी.ए.--प्रथम वर्ष--लोकसाहित्य
15) वी.ए.--प्रथम वर्ष--सांस्कृतिकशास्त्र
16) वी.ए.--प्रथम वर्ष--अंद्रमिनिस्ट्रीज़ सर्किस

सदस्य परिषदः व अध्यायस्मत प्रस्तुत विविधात्मक वर्तमान या यथेष्ठतम उपलब्ध आहेत। तथा सदस्य बाबा ही सर्व संबंधित विषय निर्धारित आहेत।

उपरोक्त सर्वाधिकार से अधिकारित /--
उपकुलस्वित
रूढ़ि (१—अंग्रेजीसंविध) विभाग
SWAMI RAMANAND TEERTH
MARATHWADA UNIVERSITY, NANDED

SYLLABUS

PSYCHOLOGY

B. A. FIRST YEAR

SEMESTER PATTERN

(Revised)

with effect from June, 2019
Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
Faculty of Social Sciences
Under Graduate Programmes (UG)
PSYCHOLOGY
Curriculum Structure and Scheme of Evaluation for B.A. First Year
With effective from 2019-20

<table>
<thead>
<tr>
<th>Semester</th>
<th>Core Course</th>
<th>Paper No.</th>
<th>Title of the Paper</th>
<th>(Periods / Week)</th>
<th>Total Periods</th>
<th>Scheme of Evaluation</th>
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<tbody>
<tr>
<td>I</td>
<td>CCPSY I</td>
<td>Section - A</td>
<td>I Basic Concepts in Psychology</td>
<td>3 55</td>
<td>40 10</td>
<td>Credit:02 (Marks:50)</td>
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<tr>
<td></td>
<td></td>
<td>Section - B</td>
<td>II Basic Concepts in Social Psychology</td>
<td>3 55</td>
<td>40 10</td>
<td>Credit:02 (Marks:50)</td>
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<tr>
<td>II</td>
<td>CCPSY-II</td>
<td>Section - A</td>
<td>III General Psychology</td>
<td>3 55</td>
<td>40 10</td>
<td>Credit:02 (Marks:50)</td>
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<tr>
<td></td>
<td></td>
<td>Section - B</td>
<td>IV Social Psychology</td>
<td>3 55</td>
<td>40 10</td>
<td>Credit:02 (Marks:50)</td>
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<td></td>
<td>Annual Pattern</td>
<td>CCPSYP-I</td>
<td>V Psychology Practicum's: Experiments &amp; Test</td>
<td>4 (Per Batch)</td>
<td>80 20</td>
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<td>240 60</td>
<td>Credit:12 (Marks:300)</td>
</tr>
</tbody>
</table>

**CCPSY :** Core Course Psychology,

**CCPSYP:** Core Course Psychology Practical, ESE: End of semester examination,

**CA:** Continuous Assessment

**CA of Marks-10:** 05 marks for Test/Assignments & 05 marks for attendance

**CA of Marks-20:** 10 marks for Test & 10 marks for attendance

Teaching work load will be of **three** periods for theory and **four** periods for practical **per week per batch.**

1) Strength of students for each practical batch shall not be more than **twenty (20)**
2) Submission of Record Book is compulsory.
3) Students shall not be allowed for practical examination without certified Record Book.
4) Total periods for each theory paper shall be **(55+55) 110** per semester.
5) Total periods for practical paper shall be **120** per year per batch.
6) Practical examination will be held in second semester.
Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
Faculty of Social Sciences
Under Graduate Programmes (UG)
Syllabus for B. A. F.Y. First Semester
CORE COURSE PSYCHOLOGY (CCPSY)-I
Section - A
Paper I - Basic Concepts in Psychology
With effective from 2019-20
(Credit: 02 (Marks - 50)

------------------------------------------------------------------------------------------------------

Objectives:
1. To provide solid foundation for the basic principles of psychology.
2. To familiarize students with the historical trends in psychology, major concepts,
   theoretical perspectives, and empirical findings.
3. To provide an overview of the applications of psychology.

------------------------------------------------------------------------------------------------------

UNIT-I- PSYCHOLOGY: SCIENCE AND PERSPECTIVES
a. Definition, nature and Goals of Psychology as a Science.

b. Types of Psychological Professionals

c. Perspectives in Psychology - Structuralism, Functionalism, Gestalt, Psychoanalysis, Behaviorism, Humanistic, Cognitive, Bio-psycho-socio-cultural

d. Scientific Methods - Steps in Scientific Methods, Descriptive methods: Naturalistic, Observation, Case Studies, Experimental method: Laboratory experiment and field experiment

e. Applications: How to enhance your academic performance?
UNIT-II- SENSATION, ATTENTION AND PERCEPTION

a. Sensation - Definition, Nature and Process
b. Attention - Definition, Types, Determinants, Span of Attention
c. Perception - Definition, Gestalt Principles and Perceptual Constancies
d. Perceptual Illusions- Geometrical, movement
e. Applications - Thinking about Extra Sensory Perception (ESP)

UNIT -III- MOTIVATION

a. Definition of Motivation - Concept of homeostasis
b. Types of Motives - Biological, Social
c. Approaches to Understanding Motivation- Instinct Approaches, Drive-Reduction Approaches, Humanistic Approaches.
d. Frustration - Sources of Frustration, Types of Conflicts e. Applications - Intrinsic Motivation

UNIT -IV- EMOTION

a. Emotion - Nature and Definition
c. Theories of emotion: James-Lange, Canon Bard, Schachter-Singer and Lazarus
d. The facial feedback hypothesis e. Applications - Being Happy
References:

Swami Ramanand Teerth Marathwada University, Nanded.
Choice Based Credit System (CBCS)
Faculty of Social Sciences
Under Graduate Programmes (UG)
Syllabus for B. A. F.Y. First Semester
CORE COURSE PSYCHOLOGY (CCPSY)-I
Section - B
Paper II - Basic Concepts in Social Psychology
With effective from 2019-2020
Credit: 02 (Marks - 50)

Objectives:

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.

2. To enable student to develop an understanding of functioning of dyads, groups and organization.

3. To understand the unique feature of the Indian socio-cultural context.

4. To understand how social problems can be analyzed in terms of various social psychological theories.

Unit - I - SOCIAL PSYCHOLOGY

a. Social Psychology: What it is and what it does?

b. Social Psychology: Its cutting edge

c. A Brief Look at History: The origins and early development of Social Psychology

d. How Social Psychologist Answer the Fascinating Questions They Raise: Research as the route to increased knowledge
Unit - II - SOCIAL PERCEPTION
   a. Nonverbal Communication: The unspoken language of expression, gazes and gestures
   b. Attribution: Understanding the causes of others' Behaviour
   c. Impression Formation and Impression Management: Combining information about others

Unit - III - THE SELF
   a. Self-Presentation: Managing the self in different social contexts
   b. Self-Knowledge: How do we know who we are?
   c. Thinking About the Self: Personal versus social identity
   d. Self Esteem: Attitudes towards ourselves
   e. Social Comparison: How we evaluate ourselves

Unit - IV - ATTITUDES
   a. Attitude Formation: How attitude develop
   b. When and why do attitudes influence behaviour?
   c. How do attitude guide behaviour?
   d. Change in Attitudes Towards the Environment: The unique case of the Chipko Movement
   e. Cognitive Dissonance: What it is and how do we manage it?
References:

Objects:

1. To provide solid foundation for the basic principles of psychology.
2. To familiarize students with the historical trends in psychology, major concepts, theoretical perspectives, and empirical findings.
3. To provide an overview of the applications of psychology.

UNIT-1- LEARNING

a. Definition of learning
b. Classical conditioning
c. Operant conditioning
d. Theories of Learning - Thorndike's laws of learning, Cognitive learning theories - Tolman, Kohler, Observational learning theory (Bandura)
e. Application of Classical and Operant Conditioning

UNIT -II- PERSONALITY

a. Nature, Definition and Misconceptions
b. Freud's Psychoanalytical Theory of Personality
c. Trait Approaches to Personality: Allport's approach, Cattell's 16PF, McCrae and Costa Big-5
d. Assessment Techniques - Behavioural, Projective and Self Report Inventories i) MMPI ii) CPI iii) Neo PI
e. Applications: SWOT Analysis
UNIT-III- MEMORY

a. Definition and process

b. Types of memory - Sensory memory, Short term memory, Long term memory

c. Types of long term memory- Procedural, Declarative (Episodic, Semantic), Explicit and Implicit

d. Forgetting - Definition, Course of forgetting (Ebbinghaus' forgetting curve), Cause of forgetting.

e. Application: Improving memory

UNIT-IV- INTELLIGENCE

a. Definition of intelligence

b. Measurement of intelligence- Concept in measurement of intelligence (C.A., M.A.,IQ)

c. Test of Intelligence-Binet, Stanford Binet, Wechsler

d. Theories of intelligence - Spearmen, Gardner, Sternberg

e. Application : Early childhood intervention - a means for boosting intelligence
References:

Objectives:

1. To enable student to appreciate how individual behaviours is influenced by social and cultural contexts.

2. To enable student to develop an understanding of functioning of dyads, groups and organization.

3. To understand the unique feature of the Indian socio-cultural context.

4. To understand how social problems can be analyzed in terms of various social psychological theories.

Unit - I - STEREOTYPING, PREJUDICE AND DISCRIMINATION

a. How members of different groups perceive inequality

b. The nature and origins of stereotyping

c. The nature and power of prejudice

d. Prejudice and discrimination: Feelings and actions towards social groups

e. Why prejudice is not inevitable: Techniques for countering its effects

Unit - II - AGGRESSION

a. What is Aggression?

b. Perspectives on Aggression: In search of the roots of violence

c. Causes of human aggression: Social, cultural, personal and situational

d. Aggression in ongoing relationships: Bullying and aggression at work

e. The prevention and control of aggression: Some of useful techniques
Unit - III- INTERPERSONAL ATTRACTION AND CLOSE RELATIONSHIPS

a. Internal determinants of attraction: The need to affiliate and the basic role of affect.
b. External determinants of attraction: Proximity and others' observable characteristics
c. Factors based on interacting with others: Similarity and mutual liking
d. Close relationships: Family, friends, lovers and spouses
e. Interdependent relationships: family and friends

Unit - IV - APPLICATIONS OF SOCIAL PSYCHOLOGY

a. Social psychology and the legal system
b. Social psychology and health
c. Social psychology and the world of work

References:
Objectives:
1. To create interest in psychological phenomenon.
2. To develop awareness of psychological tools, techniques and tests.
3. To nurture the skill of observation.

Total Practicals = 12

1. Motivation & Emotion (Any Two)
   a. Facial Expression
   b. Knowledge of Result
   c. Colour Preference
   d. Test of Emotional Intelligence: Ankool Hyde, Sanjyot Pethe & Upinder Dhar
   e. Emotional Maturity Scale: R. Bharadwaj & H. Sharma
   f. Deo-Mohan Achievement Motivation Scale (N-Ach): Prathiba Deo & Asha Mohan

2. Sensation & Perception (Any Two)
   a. PSE
   b. Illusion
   c. Perception of grouping
   d. Figure and Ground
   e. Span of Attention

3. Social Process (Any Two)
   a. Attitude scale towards Religion: R.K. Ojha
   b. Religiosility Scale: L.I. Bhusan
   c. Aggression Scale: G.C. Pati
   d. Aggression Inventory: M.K. Sultana
   e. Prejudice Scale: R.I. Bharadwaj & H. Sharma
4. Learning & Memory (Any Two)
   a. Retroactive Inhibition
   b. Proactive Inhibition
   c. Recall and Recognition
   d. LTM
   e. STM
   f. Habit Interference
   g. Transfer of learning

5. Intelligence (Any Two)
   a. Pass along Test
   b. Koh's Block Test
   c. Standard Progressive Matrices
   d. Verbal Test of Intelligence
   e. Bhatia's IQ Battery
   f. Social Intelligence Scale

6. Personality (Any Two)
   a. Introversion-Extroversion Test
   b. Adjustment Test
   c. Anxiety Test
   d. 16 PF
   e. Type A/B Behaviour Pattern Scale

<table>
<thead>
<tr>
<th>Distribution of Marks</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>Section A</td>
</tr>
<tr>
<td>Procedure</td>
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Reference Books:

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