

Psychology
Class- XII
Sample Question Paper – 2017

Time – 3 Hours

Max Marks – 70

General instructions

- All questions are compulsory and answers should be brief and to the point.
- Marks for each question are indicated against it.
- Question No 1- 10 in part A are multiple choice questions carrying 1 mark each. You are expected to answer them as directed.
- Question No 11-16 in Part B are very short answer questions carrying 2 marks each. Answer to each question should not exceed 30 words.
- Question No. 17-20 in Part C are short answer type-I questions carrying 3 marks each. Answer to each question should not exceed 60 words.
- Question No. 21-26 in Part D are short answer type-II questions carrying 4 marks each. Answer to each question should not exceed 100 words.
- Question No. 27 and 28 in Part E are long answer type questions carrying 6 marks each. Answer to each question should not exceed 200 words.

Part – A

Q 1. Dipa Karmakar is the first Indian gymnast to qualify for the Rio Olympics 2016. According to psychologists, Dipa would be high on _____ intelligence.

- | | |
|-----------------|-------------------------|
| a) Spatial | c) Interpersonal |
| b) Naturalistic | d) Bodily – kinesthetic |

Q 2. Mamta is suffering from a rare disease but her mother is refusing to accept the reality. She insists on taking Mamta from one doctor to another hoping to hear that nothing is wrong with her daughter. This is an example of:

- | | |
|-----------------------|--------------------|
| a) Projection | c) Denial |
| b) Reaction Formation | d) Rationalisation |

Q 3. Aisha is in the final year of schooling and is highly motivated to excel in the competitive examinations. However she feels she is short of time and always burdened with work. She finds it difficult to slow down and relax. Identify her personality type.

- | | |
|-----------|-----------|
| a) Type A | c) Type B |
| b) Type C | d) Type D |

Q 4. George's sympathetic nervous system is engaged in the flight or fight syndrome due to a major stressor in his life. Which stage of general adaptation syndrome is he experiencing?

Q 5. Rahul keeps organizing his room the whole day. This keeps him anxious and distracted in class. Such symptoms are typical of which disorder?

a) Agoraphobia

b) Obsessive compulsive disorder

c) Obsessive behaviour

d) Generalised Anxiety Disorder

Q 6. During the course of treatment in psychodynamic therapy, the client has resentment, hostility and anger towards the therapist. This is called _____.

Q7. Even though Ajay's father has recently bought him a pair of trousers, Ajay is insisting on buying a new pair of a particular brand of jeans that all his classmates are wearing. Ajay's behavior illustrates _____

a) Conformity

b) Competition

c) Obedience

d) Compliance

Q 8. Stereotypes are the _____ components of a prejudice.

Q 9. Aggression that is shown towards a weaker person who is unlikely to react is called _____.

Q 10. Authenticity means that your behavioural expressions are inconsistent with what you value and the way you relate to your self image. (True/False)

Part – B

Q 11. What does Eysenck consider to be the two most important dimensions of personality?

Q 12. How do projective tests provide insight into personality?

Q 13. Identify the unhelpful habits that make us vulnerable to stress.

Q 14. How does aversive conditioning help in overcoming maladaptive behavior?

Q 15. Explain the effect of noise on the cognitive abilities of human beings.

Q 16. Why does the interviewer prepare a 'schedule' for the purpose of an interview?

Part – C

Q 17. Reena is 5 years old, she cries when she is dropped to school. Explain the disorder and list its symptoms.

Q 18. 'Hearing and listening are not the same'. Justify your answer.

Q 19. Many societies are prejudiced on the basis of religion and colour. Suggest some strategies to handle such prejudices .

Q 20. 'Culture of poverty is also a cause of poverty'. Explain.

Part – D

Q 21. JP Das' model of intelligence involves the 'Interdependent functioning of three neurological systems'. Discuss.

Q 22. What is the role of nature and nurture in the development of intelligence?

Q 23. Anita regularly abstains from food for religious reasons. Which aspect of the self is she displaying? Suggest the psychological techniques that will help her abstain from food.

Q 24. What is coping? Identify the different coping strategies to deal with stress?

Q 25. 'Rishabh , a 21 year old college student, exhibits an intense fear of fireworks, gunshots, popping balloons etc'. Suggest the most appropriate therapy that could be used to help Rishabh overcome his fear.

Q 26. 'Performance on specific tasks is influenced by the mere presence of others'. Support this statement with the help of research done in the field of social facilitation.

Part – E

Q 27. What are somatoform disorders? Elaborate on the different types.

OR

What do you understand by the term 'dissociation'? What are its various forms?

Q 28. Why do people join groups? Discuss.

OR

Differentiate between group think and group polarization. Why does group polarization occur?